



February



Hours of Operation:

Santa Fe Crossing

Monday thru Friday 9:00am - 2:00pm

Station 618

Monday thru Friday 8:00am - 5:00pm

*The facility will only be open late hours
for scheduled programs.*

[https://www.cosatx.us/departments-services/
senior-services](https://www.cosatx.us/departments-services/senior-services)

**Santa Fe Crossing
Station 618**

**702 S. Chadbourne St.
618 S. Chadbourne St.**

*** 325-657-4484
* 325-481-2798**

MONDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-10:00 am	618	Cardio & Strength
9:00 am-10:00am	SFC	Ping-Pong
10:30 am-11:00 am	SFC	Bingo
10:30 am-11:30 am	618	Beginner Yoga
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-4:00 pm	618	Mexican Train Dominoes
1:00 pm-2:00 pm	618	Tai Chi
1:00 pm-4:00pm	618	Bridge
1:00 pm-5:00 pm	618	Pinochle

TUESDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-2:00 pm	SFC	Art (Oil & China Painting)
9:00 am-10:00 am	618	Cardio & Strength
10:30 am-12:00pm	618	Line Dance (Mixed)
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-5:00 pm	618	Pinochle/Card Games
1:30 pm-4:30 pm	618	Mah Jongg
1:00 pm-2:00 pm	618	Cardio & Strength

WEDNESDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-11:00 am	SFC	Crochet, Knitting, & Needlecraft
10:00 am-11:30 am	618	Line Dance Beginners
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-2:00 pm	618	Tai Chi

**** Payment Box is available for drop off of
payments located across Recreation Supervisor's office.**

Nutrition Sites

Santa Fe Crossing

702 S. Chadbourne
325-657-4484

Christian Village

4225 Billie Bolin
325-949-8575

Oak Grove Senior Apartments

4359 Oak Grove Blvd.
325-223-8895

*For serving times and
reservations call the
nutrition site.*

THURSDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-10:00 am	618	Cardio & Strength
9:00 am-2:00 pm	SFC	Ping-Pong
10:30 am-11:30 am	618	Beginner Yoga
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-2:00 pm	618	Cardio & Strength
1:30 pm-4:30 pm	618	Mah Jongg

**THE FITNESS ROOM is open for use
Monday through Friday, 8:00am - 5:00pm.
Monthly fee is \$10.00.**

FRIDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-11:30 am	SFC	Sewing
9:00 am-10:00 am	618	Cardio & Strength
9:00 am-10:00 am	SFC	Ping-Pong
10:30 am-11:30 am	618	Beginner Yoga
10:30 am-11:00 am	SFC	Bingo
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-4:00 pm	618	Bridge
1:00 pm-5:00 pm	618	Pinochle

*Events, Programs, and Schedules are subject to change, with or
without notice.*

Health Screenings

- ◆ Angels Home Health - Blood Pressure & Sugar
check

9am – 10:00am 618 February 18

**Health screenings are subject to cancelation with
discretion from sponsoring agency.*

****Attention SFC
Meal Participants****

*If you are attending meal
program, please ensure
that you pick up your
own tray and return it to
the kitchen when finished
unless assistance is
needed.*

*Thank you for your
cooperation.*



February

****COST \$3 Suggested Donation for 60+ who are registered. Guests pay \$6 per meal.**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested Donation for those 60+ and who have registered is \$3.00. Those under age 60 must pay \$6.00 Santa Fe Crossing 11:00am-12:30pm				
3. Meatloaf Turnip Greens Navy Beans Cornbread Apple Crisp	4. Chicken a la King w/ Rice Mixed Vegetables Cucumber Salad Wheat Roll Blueberry Pie	5. Pattie Melt w/Onions Steak Fries Tomato Wedge Salad Cookies	6. Chicken Spaghetti Zucchini & Squash Caesar Salad Garlic Bread Chocolate Parfait	7. Breaded Fish on a Bun Lettuce, Tomato, & Pickle Tartar Sauce Potato Wedges Coleslaw Peach Chantilly
10. Beef Goulash Pinto Beans Broccoli Wheat Bread Lemon Cream Pie	11. BBQ Chicken Smothered Potatoes Carrot Salad Wheat Bread Cantaloupe	12. Polish Sausage Steamed Cabbage German Potato Salad Wheat Roll Peanut Butter Delight	13. Beef Macaroni w/ Tomatoes Lima Beans Caesar Salad Wheat Roll White Cake	14. Baked Fish w/Lemon Macaroni & Cheese Fried Okra Coleslaw Tartar Sauce Peach Chantilly
17. San Angelo Senior Centers will be CLOSED in observance of President's Day. No meals will be served or delivered on this day.	18. King Ranch Chicken Pinto Beans Rice Tortilla Strawberries w/Whipped Topping	19. Pork Fritter w/Gravy Red cabbage Seasoned Green Beans Fruit Cup	20. Baked Chicken Breast Baked Potato w/Sour Cream Vegetable Blend Berries & Yogurt	21. Turkey & Cheese Sandwich w/Potato Soup Chips Tossed Salad w/Dressing Ice Cream
24. Orange Chicken Le Mein Noodles Tossed salad Egg Roll Fruit & Jell-O	25. Turkey Tetrazzini Carrots & Zucchini Tossed Salad w/ Dressing Wheat Bread Pears	26. Chili & Crackers Steamed Rice Pinto Beans Lettuce & Tomato Sugar Cookie	27. Beef Soft Taco Pinto beans Spanish rice Tortilla Chips w/Salsa Carrot Cake	28. Chicken Salad Broccoli & Cheese Potato Wedge Carrot Salad Butterscotch Pudding

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

This program is funded in part by the Texas Health and Human Services Commission through the Concho Valley Council of Governments- Area Agency on Aging, the City of San Angelo, and participant donations.



The EXPRESS

February 2025

Parks & Recreation Department- Senior Services



Valentine's Day Treat
Enjoy a sweet breakfast treat on Friday, February 14th at the Station 618 lobby starting at 8:30am

Senior Valentine's Dance

Thur, Feb 6, 2025
5pm - 7 pm

YOU ARE INVITED TO JOIN US FOR

MUSIC . DANCE . SNACKS . LOVE

ENTERTAINMENT BY JACKIE MENDIOLA AND EDDIE SANCHEZ

COST \$5

STATION 618 ACTIVITY ROOM
618 S CHADBOURNE ST

Fitness Challenge: Ends Feb 7, 2025
(Jan 1 through Feb 7, 2025)

Don't forget to turn in your hours each week. Total of 100 hours will win a Station 618 T-shirt!
We will announce winners by the end of the month



February Birthday Celebration

Join us in celebrating February Birthdays at 10am on Thurs. February 20 in the lobby of Station 618.

Bring a snack to add to the table for all to share.



CITY OF SAN ANGELO RECREATION PRESENTS

Senior Dance

LET THE GOOD TIMES ROLL

Thursday, March 6
2 - 4 pm

\$5 Admission

McNease Convention Center
501 Rio Concho Drive

Afternoon BINGO Tuesday



Feb. 18 @ 2:30pm

Join us for another fun hour of bingo and prizes!!
Station 618 Activity Rm



Oak Grove & Bingo

Oak Grove will host bingo, Mon, Feb 10 at 10:30am Santa Fe Crossing Activity Room
Come talk to reps of Oak Grove and win prizes!