

January







Hours of Operation:

Santa Fe Crossing Monday thru Friday 9:00am - 2:00pm Station 618

Monday thru Friday 8:00am - 5:00pm

The facility will only be open late hours for scheduled programs.

https://www.cosatx.us/departments-services/ senior-services

Santa Fe Crossing Station 618

702 S. Chadbourne St.

618 S. Chadbourne St.

325-657-4484 325-481-2798

MONDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-10:00 am	618	Cardio & Strength
9:00 am-10:00am	SFC	Ping-Pong
10:30 am-11:00 am	SFC	Bingo
10:30 am-11:30 am	618	Beginner Yoga
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-4:00 pm	618	Mexican Train Dominoes
1:00 pm-2:00 pm	618	Tai Chi
1:00 pm-4:00pm	618	Bridge

1:00 pm-5:00 pm 618

TUESDAY

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-2:00 pm	SFC	Art (Oil & China Painting)
9:00 am-10:00 am	618	Cardio & Strength
10:30 am-12:00pm	618	Line Dance (Mixed)
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-5:00 pm	618	Pinochle/Card Games
1:30 pm-4:30 pm	618	Mah Jongg
1:00 pm-2:00 pm	618	Cardio & Strength

WEDNESDAY

8:00 am-5 pm	618	Card Games & Dominoes
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9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-11:00 am	SFC	Crochet, Knitting, &
		Needlecraft
10:00 am-11:30 am	618	Line Dance Beginners
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-2:00 pm	618	Tai Chi

** Payment Box is available for drop off of payments located across Recreation Supervisor's office.

Nutrition Sites Santa Fe Crossing

702 S. Chadbourne 325-657-4484

Christian Village

4225 Billie Bolin 325-949-8575

Oak Grove Senior Apartments

4359 Oak Grove Blvd. 325-223-8895

For serving times and reservations call the nutrition site.

THURSDAY

Pinochle

8:00 am-5 pm	618	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Card Games & Dominoes
9:00 am-2:00 pm	SFC	Puzzles
8:00 am-5:00 pm	618	Library
9:00 am-10:00 am	618	Cardio & Strength
9:00 am-2:00 pm	SFC	Ping-Pong
10:30 am-11:30 am	618	Beginner Yoga
11:00 am-12:30 pm	SFC	Lunch
1:00 pm-2:00 pm	618	Cardio & Strength
1:30 pm-4:30 pm	618	Mah Jongg

THE FITNESS ROOM is open for use Monday through Friday, 8:00am - 5:00pm. Monthly fee is \$10.00.

FRIDAY

8:00 am-5 pm	618	Card Games & Dominoes	
9:00 am-2:00 pm	SFC	Card Games & Dominoes	
9:00 am-2:00 pm	SFC	Puzzles	
8:00 am-5:00 pm	618	Library	
9:00 am-11:30 am	SFC	Sewing	
9:00 am-10:00 am	618	Cardio & Strength	
9:00 am-10:00 am	SFC	Ping-Pong	
10:30 am-11:30 am	618	Beginner Yoga	
10:30 am-11:00 am	SFC	Bingo	
11:00 am-12:30 pm	SFC	Lunch	
1:00 pm-4:00 pm	618	Bridge	
1:00 pm-5:00 pm	618	Pinochle	
Events, Programs, and Schedules are subject to change, with or			

without notice.

Health Screenings

♦ Angels Home Health - Blood Pressure & Sugar check

9am – 10:00am 618 January 21

*Health screenings are subject to cancelation with discretion from sponsoring agency.

Attention SFC Meal Participants

If you are attending meal program, please ensure that you pick up your own tray and return it to the kitchen when finished unless assistance is needed.

Thank you for your cooperation.



January

**COST \$3 Suggested Donation for 60+ who are registered. Guests pay \$6 per meal.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested Donation for those 60+ and who have registered is \$3.00. Those under 60 must pay \$6.00 Santa Fe Crossing 11:00 am – 12:30 pm		Santa Fe Crossing & Station 618 Senior Centers will be CLOSED in observance of New Year's Day. No Meal will be served or delivered on this day.	2. Chicken Fajitas Beans Spanish Rice Tossed Salad w/Dressing Tortilla Berry Cobbler	3. Breaded Catfish Tartar Sauce Potato Wedges Coleslaw Hushpuppies Peach Chantilly
6. Sloppy Joe on a Bun Potato Salad Carrots & Zucchini Fruit Square	7. Tuna Casserole English Peas Chuck wagon Corn Wheat Bread Apple Pie	8. Vegetable Beef Stew Cornbread Turnip Greens Pineapple Delight	9. Rigatoni w/Meat Sauce Seasoned Broccoli Tossed Salad w/Dressing Garlic Bread Strawberries w/Whipped Topping	10. Ham & Beans Spinach Seasoned Cauliflower Cornbread Chocolate Cake
13. Creamy Mushroom Steak Over Steamed Rice Brussels Sprouts Carrots Sugar Cookie	14. Homemade Turkey Pot Pie Seasoned Corn Tossed Salad w/ Dressing Ambrosia	15. Crispy Chicken on a Bun Lettuce, Tomato, & Pickles Potato Wedges Carrot Raisin Salad Jell-O	16. Crispy Beef Pattie Cabbage & Noodles Peas Breadstick Yellow Cake	17. Chicken & Dumplings Vegetable Blend Tossed Salad w/ Dressing Wheat Roll Fruit Cup
20. Santa Fe Crossing & Station 618 Senior Centers will be CLOSED in observance of MLK Day. No Meal will be served or delivered on this day	21. Chicken Tenders w/Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Vanilla Ice Cream	22. Beef Macaroni w/ Tomatoes Mixed Vegetables Caesar Salad Wheat Bread Honey Dew Melon	23. Baked Chicken Sweet Potatoes Lima Beans Chocolate Pudding w/ Graham Crackers	24. Swiss Steak Rice Pilaf Squash Tossed Salad w/Dressing Vanilla Cake
27. Beef Patty w/ Peppers & Onions Mashed Potatoes Green Beans Beets Wheat Bread Banana Pudding	Peppers & Onions Mashed Potatoes Green Beans Beets Wheat Bread Casserole Black-eyed Peas Glazed Carrots Wheat Bread Lazy Cake		30. Tuscan Chicken Noodles Peas Wheat Roll Butterscotch Pudding	31. Taco Salad Mexican Rice Corn Chips & Salsa Fruit Cobbler

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

This program is funded in part by the Texas Health and Human Services Commission through the Concho Valley Council of Governments-Area Agency on Aging, the City of San Angelo, and participant donations.



The

January 2025

EXPRESS

Parks & Recreation Department-Senior Services



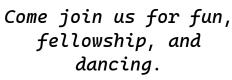
Senior Valentine Dance

When: Thursday, February 13, 5pm-7pm

Where: Station 618

Activity Room

Cost: \$5



Music and snacks will be provided.

More info to follow.



Happy New Year and new beginnings.

May this new year be filled with love, laughter, and all the things that make you happy.

A very special *Thank you* to everyone who

participated in our Holiday Bazaar. We had a successful event. Without you, this would not be possible. *Thank you!*



<u>Ianuary Birthday</u> Celebration

Join us in celebrating January Birthdays at 10am on Thurs. Jan 23 in the lobby of St 618.

Bring a snack to add to the table for all to share.



Santa Fe Crossing & Station 618 Senior Centers will be CLOSED on the following days in January

**Wed. Jan. 1 - New Year's Day
**Mon. Jan. 20 - MLK Day

There will be NO meals served or delivered these days.



Come play card games in the afternoons!

Try your luck playing Skipbo, Phase 10, Pinchochle and more at Station 618 lobby.

Get the new year started on a healthier track!

<u>Fitness Challenge:</u> <u>Starts Jan 1 through Feb 7, 2025</u>

Any type of physical activity.

Make sure to submit time in drop-off box outside of Station 618 office by Friday of each week. Reach 100 hours to win a Station 618 t-shirt.



Afternoon BINGO Tuesday Jan. 14 @ 2:30pm



Join us for another fun hour of bingo and prizes!!
Station 618 Activity Room

Attention Fitness Participants

Please make sure to pay your fitness dues.

Check with Rec staff if you are unsure about your due date. Drop-off box is outside Station 618 office.

Thank you for your cooperation.